ANATOMY OF ARTS 2020
MASTERS SERIES IMMERSIONS
大师课程季 浸入式工作坊

MS1 (MAR 18-22) ｜22hrs Certification 20小时认证课程｜
YOGIC PHILOSOPHY IMMERSION & Bonus Talk
浸入式瑜伽哲学 & 讲座： Dharma
with Carlos Pomeda

MS2 (MAR 18-20) ｜14hrs Certification 14小时认证课程｜
MEDITATION PRACTICE & THE DEPTH OF YOGA SUTRAS
冥想习练与<瑜伽经>深入学习
with Carlos Pomeda

MS3 (MAR 27-29) ｜20hrs Certification 20小时认证课程｜
ANATOMY, BODY MECHANICS & INJURY MANAGEMENT
IN YOGA 解剖学、生物力学 & 瑜伽伤痛管理
with Eric Yue

MS4 (APR 10-14) ｜35hrs Certification 35小时认证课程｜
MEDITATION & NIDRÂ YOGA LEVEL 1 (21HRS) / LEVEL 2 (14HRS)
冥想 & 瑜伽放松术旅修 第一阶段 (21小时) / 第二阶段 （35小时)
with André Riehl

MS5 (MAY 1-3) ｜25hrs Certification 25小时认证课程｜
NOURISHING THE SYSTEM: KRIYAS & PRANAYAMA &
MANTRA 滋养体系：清洁术 & 呼吸法 & 唱诵
with Waylon Belding

MS6 (MAY 29-31) ｜20hrs Certification 20小时认证课程｜
ANATOMY IN ASANA & AYURVEDA IN PRACTICE
体式中的解剖学 & 练习中的阿育吠坨
with Alvaro Esteban

MS7 (JUL 1-4) ｜20hrs Workshop 20小时工作坊｜
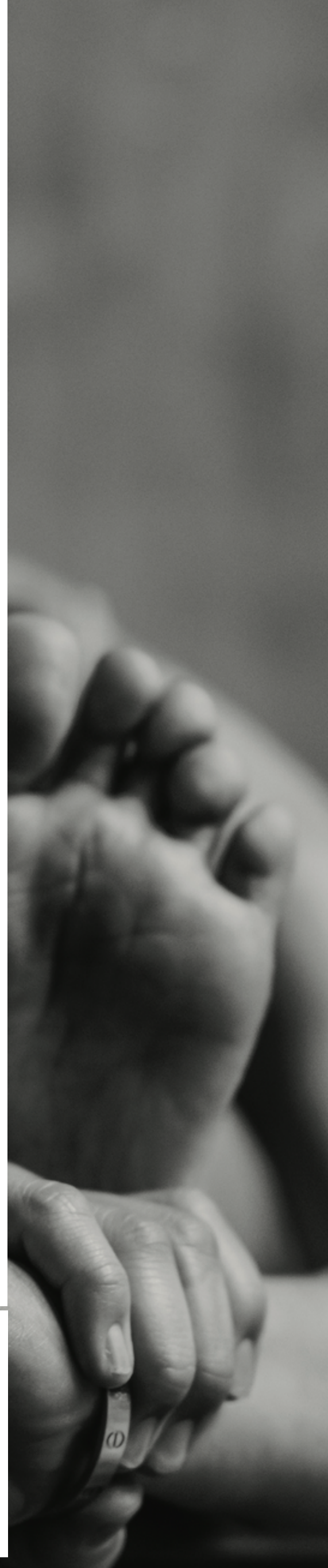ASHTANGA URBAN IMMERSION 阿斯汤伽城市之旅
with Laruga Glaser

MS8 (JUL 4-5) ｜14hrs Workshop 14 小时工作坊｜
PATH TO ASHTANGA YOGA 走近阿斯汤伽
with Laruga Glaser

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tc the clinic | ANATOMY OF ARTS

MASTER SERIES OVERVIEW
大师课程季概述

The **MASTER CLASS SERIES** by **Anatomy of Arts at the clinic** is an internationally recognized stablished platform which offers academic and educational programs to a wide variety of local and international studios and centers throughout China.

Its aim is to enrich the quality of education as well as to expand and preserve the yogic sciences in China, by facilitating local studios and partners ways of offering undistorted transmission of traditional Yoga through specialized teacher trainings, lectures and workshops to the ones who value actual students development and would like to achieve international standards.

大师课程季是来自the clinic之中的Anatomy of Arts 瑜伽学校，其作为一个在组织与平台建立上相当完善的课程系列，为全中国各个国际中心或工作室提供高质量的学术型教育类项目。

这个课程季的出现很好提高并扩充了中国的瑜伽教学体系，维护与传承正确的瑜伽，实践于国内各大工作室，以合作伙伴的模式做有针对性且尊重学生个人发展的瑜伽培训、讲座与工作坊，帮助学生的个人学习达到国际水准。

THROUGH DEDICATION WE **TEACH**, THROUGH EXPERIENCE WE **LEAD**, THROUGH LEADING WE INSPIRE"

凭奉献，
无私**教授**；
以经验，
领先**引导**；
愿先锋，
激励**启迪**。

THE ANATOMY OF ARTS YOGA
& MEDITATION SCHOOL
瑜伽与冥想学校

Anatomy of Arts, recognizes the importance of integrating movement and the mindful arts into our daily lives. We see each individual as the gateway towards a healthier and striving society.

Our sense of aesthetics is also reflected in all our spaces, inspiring time for introspection as well as integration into a community of caring practitioners of the different disciplines.

Anatomy of Arts瑜伽部门素来强调结合动态与正念的艺术在人类日常生活中的重要性，因为每一个个体都应是健康与努力奋斗的社会所需要的基石。

我们的空间设计也是我们对于美学认识的很好解读和体现，我们鼓励将更多的时间花在内省，并且建立一个关怀多样化练习者的社群。

FACULTY 导师

CARLOS POMEDA

ANDRE RIEHL

LARUGA GLASER

ALVARO ESTEBAN

WAYLON BELDING

ERIC YUE

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GENERAL INFORMATION
基本报名信息

Please note that seating is limited. To be assured a spot in our workshops, early registration is advised.

尽请注意，所有工作坊均有人数限制，请尽早预定您心仪的工作坊，并正念选择

Registration, Payment, Confirmation and Refund Policy
注册、付款、确认与退款政策

To register for this course, please scan the QR to access our Courses/ Workshops Registration site, if you are coming from outside China, please send us an email to:

anatomy.of.arts@theclinic.international

At the end of the registration process, a CNY100 non-refundable processing fee will be added to your registration, and you will have the choice of paying by credit card (Visa, MasterCard), Wechat, Alipay and wire transfer in CNY.
Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.
Refunds, less an administrative fee of CNY500, will be issued for all cancellations received 4 weeks prior to the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than 4 weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the seminar has started.

报名参加本课程，请扫描二维码进入我们的课程/工作坊报名网站，如果您来自中国以外地区，请发送电子邮件至: anatomy.of.arts@theclinic.international

需支付100元人民币作为注册订金(不支持退款)，您可以选择使用信用卡(Visa、MasterCard)、微信、支付宝和人民币电汇。
付款完成后，您将会收到一封报名成功邮件。请填写您的常用邮箱。您的邮箱地址将用于关键信息注册确认、评估和证书。
如果在开课前4周取消课程，将会扣除500元的手续费。退款申请需经邮件处理。如果在开课前4周内取消或课程开始后因任何原因未出席课程，均不不做退款处理，感谢你的理解！