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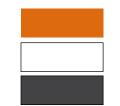


ANATOMY OF ARTS

PRO SERIES



WEEKLY SCHEDULE 排 程 安



THE CAMPUS SPACE ANATOMY OF ARTS STUDIO PRO SERIES FITNESS & PERFORMANCE SPACE

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三 31 基 MAR 期 MON	MYSORE PROGRAM 06:45-09:15 MARGARET		300 SPARTAN HIIT 12:00-12:45 NAT		
四 月 星 APR 期 一 TUE	MYSORE PROGRAM 06:45-09:15 MARGARET	the CORE LAB 7:15-8:00 KEY	BODY OPENING 12:00-13:00 NEW! NAT	PILATES CONTROLOGY (mat) 19:00-20:00 CHIARA	
四 月 全 里 APR WED	MYSORE PROGRAM 06:45-09:15 MARGARET	PILATES CONTROLOGY (mat) 07:30-08:30 CHIARA	PRE-NATAL PRACTICE 10:30-11:30 CHIARA	300 SPARTAN HIIT 12:00-12:45 OSCAR BODY OPENING 19:00-20:15 ANDREA	POSTNATAL RECOVERY 12:00-13:00 CHIARA
四 月 APR 期 四 THU	MYSORE PROGRAM 06:45-09:15 MARGARET	the FOUNDATION LAB 7:15-8:00 KEY	OM528 VINYASA ® 12:00-13:00 ANDREA		
四 Q4 月 APR 期 FRI	MYSORE PROGRAM 06:45-09:15 MARGARET		the CORE LAB (TRX) 12:00-12:45 OSCAR	PILATES CONTROLOGY (mat) - Intermediate 12:00-13:00 CHIARA	MYORELEASE ® 13:15-14:15 NEW! NAT
四 月 全 期 六 SAT			300 SPARTAN HIIT 11:00-11:45 OSCAR	BODY OPENING 12:00-13:15 ANDREA	
四 月 6 星 期 日 SUN		ASHTANGA LED 09:00-10:30 MARGARET MYORELEASE ® 13:15-14:15 NEW! NAT	the METABOLIC LAB 11:00-11:45 KEY	CORE LAB 12:00-13:00 NAT	



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