

THE CAMPUS

// 2019 CME COURSES



THE TEMPOROMANDIBULAR JOINT DEMYSTIFIED

WITH DR. GUY ZITO

MARCH 9-10

This workshop aims to enhance the clinical skills of physiotherapists, osteopaths, chiropractors and dentists in the diagnosis, assessment and treatment of temporomandibular conditions.



THE CAMPUS



COURSE OVERVIEW

COURSE DESCRIPTION

Very little is taught on the TMJ in the physiotherapy undergraduate programs around China. The role of physiotherapy in the management of TMJ conditions is being acknowledged in this rapidly growing field of musculoskeletal physiotherapy and there has been a lot of demand for continuing education courses to upskill our clinicians.

Our honored to invite Dr. Guy Zito who is an APA musculoskeletal and sports physiotherapist and a senior fellow of the University of Melbourne who has worked in both education and clinical practice for over 35 years to do a 2-day seminars conducted and workshop embedded in a scientific context and supported by current evidence-based practice and research.

Professional therapists can today receive this recognized certifications by Dr. Guy Zito with the clinic in Shanghai. This certification will appeal to professionals wanting to expand their treatment techniques and students developing their expertise in the diagnosis, assessment and treatment of temporomandibular conditions.

Physiotherapists are in the ideal position to make a significant contribution to the management of TMJ dysfunction. With training in that specialty area they would be better equipped to meet the ever-increasing demands placed on them by the healthcare community and consequently could realize their potential to become leaders in that field.

The format is engaging and attendees are encouraged to pose questions in sessions and workshops as well as one-on-one with the national and international experts who will be delivering the updates and education at this seminars.

LEARNING OBJECTIVES / OUTCOMES:

1. develop a deeper understanding of the functional anatomy and kinematics of the temporomandibular joint (TMJ)
2. gain a better appreciation of the relationship of the cervical and thoracic spines to the TMJ
3. become familiar with the validated classifications of temporomandibular disorders (TMD)
4. understand the role of physiotherapy in the treatment of TMD and the evidence that supports it
5. learn how to perform a comprehensive and integrated assessment of the TMJ and related structures
6. acquire evidence-based knowledge and expertise in the application of therapeutic skills and exercise prescription in the management of TMD
7. enhance their knowledge of pain mechanisms and psychosocial factors as they relate to TMD patients
8. become familiar with the scientific evidence that supports conservative and surgical management of TMD
9. gain an appreciation of the wholistic approach to TMD management and the role of other health care professionals involved in patient care

REASONS TO ATTEND

Unique to this program is its immersive, fast-paced, 360-degree educational experience. You will learn about changes and advances in sports medicine and MSK rehabilitation from three critical, interrelated perspectives:

- ▶ Physical Medicine and Rehabilitation
- ▶ Musculoskeletal Radiology
- ▶ Orthopedics

WHO SHOULD ATTEND?

Clinicians working in the field of musculoskeletal physiotherapy. Ideally participants should be physiotherapists with at least 2 years of clinical experience, the majority of it being in the field of musculoskeletal physiotherapy.

FACULTY



DR. GUY ZITO

Dr. Guy Zito is an APA musculoskeletal and sports physiotherapist and a senior fellow of the University of Melbourne who has worked in both education and clinical practice for over 35 years.

During that time he has taught on and coordinated the Master of Physiotherapy by coursework program and has helped establish other post-graduate programs in Physiotherapy. He has also been involved in mentoring and examining physiotherapists undertaking the specialization examinations through the College of Physiotherapists in Australia. In 2015 he received the APA Victorian Achievement award for his contribution to the advancement of the Physiotherapy profession.

Guy holds a Doctor of Clinical Physiotherapy degree from the University of Melbourne along with other research and coursework qualifications. His research interests have yielded a number of publications dealing with cervicogenic headache, temporomandibular joint dysfunction and differential diagnosis of headaches. He received an award for the article '*Clinical tests of musculoskeletal dysfunction in the diagnosis of cervicogenic headache*' as it was one of the top 10 cited articles published in Manual Therapy.

He is the principal physiotherapist at Carlton Physiotherapy Centre in North Carlton where he treats patients with musculoskeletal conditions, including those suffering from TMJ dysfunction and headache as well as neck and back pain.

Though he is no longer involved with the University on a formal basis, he continues to pursue his passion for teaching physiotherapists and conducts short courses on a number of musculoskeletal related topics, in particular on the temporomandibular joint, within Australia and overseas.

SCHEDULE & SYLLABUS

FRIDAY, MARCH 9TH 2019

8:30 - 8:55
Registration

9:00 - 9:15
Welcome and introduction

9:15 - 10:45
Structure and function of the TMJ

10:45 - 11:00
Morning Tea

11:00 - 11:30
Kinematics/dynamics

11:30 - 12:30
Assessment of the TMJ

12:30 - 13:30
Lunch

13:30 - 14:30
Classification of TMD - Myogenous
TMD

14:30 - 15:15
TMJ and the cervical spine

15:15 - 15:30
Afternoon Tea

15:30 - 16:30
Case study and discussion

SATURDAY, MARCH 10TH 2019

9:00 - 9:15
Review/discuss Day 1 content

9:15 - 10:45
Classification of TMD - Arthrogenous
TMD

10:45 - 11:00
Morning break

11:00 - 12:00
Classification of TMD - Arthrogenous
TMD

12:30 - 14:00
Case study

12:30 - 13:30
Lunch

13:30 - 14:30
Headache and TMD

14:30 - 15:15
Alternative management approaches

15:15 - 15:30
Afternoon Tea

15:30 - 16:30
Review and Q & A

GENERAL INFORMATION

TUITION FEES

Regular Fee:
5000 RMB

Early bird fee before
January 31:
4000 RMB

SEATING IS LIMITED

Please note that seating is limited. To be assured a spot in this seminar/course, early registration is advised.

INQUIRIES

Call: **(+8621) 336.888.01**
Monday-Friday
9:00am to 7:00pm (ET)

Send us an email to:

thecampus@theclinic.international

REGISTRATION, PAYMENT, CONFIRMATION AND REFUND POLICY

Registrations for THE CAMPUS | CME programs are made via our online registration system. To register for this course, please scan the QR below to access our Courses/ Workshops Registration site.



If you are coming from outside China, please send us an email to:

thecampus@theclinic.international

and we will send you details on how to make your payment and give you suggestions of accommodation if you need to.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.

Note: Refunds, less an administrative fee of CNY500, will be issued for all cancellations received 3 weeks prior to the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks prior. "No shows" are subject to the full course fee and no refunds will be issued once the seminar has started.



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MORE INFORMATION:
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